

The Best Non-Surgical Weight Loss Procedure in Chicago: ReShape by Barrington Surgeons

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Is relying on diet and exercise alone not helping you reach your weight loss goals? Kick-start your weight loss journey with the ReShape Procedure. ReShape is a new, FDA-approved, non-surgical weight loss procedure that is proven to help people achieve and maintain significant weight loss. It's a non-surgical weight loss procedure you can trust.

Barrington Surgeons was the first in Illinois to place the ReShape intragastric balloon. FDA-approved in 2015, the ReShape procedure is intended for patients with a body mass index (BMI) between 30–40 kg/m². Depending on your height, this generally corresponds to being 30 to 100 pounds overweight. To put it in perspective, a 5' 4" individual who weighs 180 has a BMI above 30. In the initial FDA study, patients lost more than twice as much weight, 28 lbs. on average, with the ReShape procedure than those who used diet and exercise alone. Many practices, including Barrington Surgeons, have seen even greater average weight loss in clinical practice. We have had several patients lose 50 lbs. or more. Most ReShape patients keep the weight off or continue to lose, even after the balloons are removed at six months.

HOW DOES THE RESHAPE PROCEDURE WORK?

With the ReShape procedure, two connected balloons filled with saline (salt water) are placed temporarily inside your stomach via endoscopy in an outpatient medical setting. The non-invasive weight loss procedure lasts about 20 minutes while you are comfortably sedated under light anesthesia. The balloons remain in the stomach for six months, helping you lose weight and encouraging healthy eating habits by taking up room in

your stomach. You can still eat the healthy foods you enjoy, but the balloons act as built-in portion control, helping you feel full and less hungry. The balloons are then removed endoscopically at six months in the same manner in which they were placed. There are no incisions or surgery performed.



BENEFITS OF THE RESHAPE PROCEDURE BALLOON

The ReShape procedure may be a good non-surgical weight loss option for people who do not want or do not qualify for bariatric or weight loss surgery.

ONE FULL YEAR OF PERSONALIZED COACHING, POST-PROCEDURE

At Barrington Surgeons, we know that weight loss is not just a simple procedure but also a lifestyle change. We are committed to helping you achieve your personal goals. That's why treatment with the ReShape balloon includes a full year of personalized coaching from our dedicated physicians and monthly nutritionist visits to support your success and help you make the changes that will encourage a lifetime of healthy living. We know that each individual has unique challenges and goals, so we personalize each coaching program to help you maximize the results of your hard work and dedication to making a positive change in your lifestyle.



Drs. Daniel Hoeltgen and Daniel Wool have advanced laparoscopic surgical training. Both are Board Certified, Fellows of the American College of Surgeons, and Center of Excellence bariatric surgeons. Their offices are on the campus of Advocate Good Shepherd Hospital. Barrington Surgeons offers a full-service bariatric program. We recognize that in the treatment of obesity, like in the treatment of other diseases, different approaches are appropriate for different patients depending on each patient's unique medical history and desires. We also offer the laparoscopic adjustable gastric band, Roux-en-Y gastric bypass, and sleeve gastrectomy.

CONTACT INFORMATION:

Decide if ReShape is the best non-surgical weight loss option for you. Contact us and find out how you can benefit from the best non-surgical weight loss procedure available and make a change today.

Barrington Surgeons

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